

## **APRIL 2025 EVENT & PROGRAM CALENDAR**

Auburn Senior Community Center | 48 Pettengill Park Road Register online at secure.rec1.com/ME/auburn-me/catalog or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
==		ecreation Pr and Jenna)	<ul> <li>♦ = City of Auburn Age-Friendly Committee Event</li> <li>Ж = 1st Auburn Senior Citizens Meeting</li> <li>♦ = New Auburn Seniors Meeting</li> <li>♦ = Robin Dow Meeting</li> </ul>			
		☐ Diamond Art Easter Bunny Card 10am ☐ Yoga for Balance 4pm	2  ## = 1st Auburn Senior Citizens Meeting L/A Mystery Lunch Shuttle 11:30am	3 ■ Diamond Art Spring Butterfly Frame Kit 10am ■ Chair Yoga 1:30pm ■ Adult Craft Night 5:30pm	4 ■ Drop-In Day 9-12 ■ Sunshine Club 10am	5
6	7	8  Walk: Androscoggin River Path, Brunswick 10am Yoga for Balance 4pm Age-Friendly Committee Meeting	9  • = Robin Dow Meeting ■ LITTLE WOMEN at Russell Hall USM 8:45am ■ Windham Chambers Singers 6:30pm	The Green Ladle Lunch 10:15am Chair Yoga 1:30pm Adult Craft Night 5:30pm	☐ Drop-In Day 9-12	12
13	14	15 ■ Yoga for Balance 4pm	16  \$\$ = 1st Auburn Senior Citizens Meeting	17 ■ Diamond Art Easter Egg Magnet 10:30am ■ Chair Yoga 1:30pm ■ Adult Craft Night 5:30pm	■ Drop-In Day 9-12 ■ Tech Talk 10am ■ Card Crafting w/Corrine 10am ■ China Village Shuttle 11:30am	19  * Age-Friendly Easter Lunch 10am
HAPPY Easter	21 HOLIDAY - No Daytime Recreation Programs Yoga w/Emma 6pm	22  Diamond Art Leather Corner Bookmark 9:30am Ken's Place /Len Libby's Scarborough 11am Yoga for Balance 4pm	23  ◆ = Robin Dow Meeting	24  Coffee Talk 8am Not Quite Almost at Portland Stage 12:45pm Chair Yoga 1:30pm Adult Craft Night 5:30pm	25  Drop-In Day 9-12 Book Club 10am Mystery Lunch Shuttle 11:30am	26
27	28  φ = New Auburn Seniors Meeting  ■ Yoga w/Emma 6pm	29  Quartet Performance 4pm  Yoga for Balance 4pm	30  HIKE: Thayer Brook Preserve in Gray (Mill Trail) 10am			

Date	Time	Cost	Description
Tuesday, April 1	10:00 AM – 12:00 PM	Free	<b>Diamond Art Easter Bunny Card-</b> Join us at the Auburn Senior Community Center to make an Easter Card. There will be different cards to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. <b>Maximum 12. Pre-registration is required.</b>
Tuesday, April 1	4:00 PM – 5:00 PM	\$10.00 drop-in fee	<b>Yoga For Seniors: Balance -</b> Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Min4/Maximum 15.</b>
Wednesday, April 2	9:00 AM - 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.  Meetings are cancelled if Auburn schools are closed for weather.
Wednesday, April 2	11:30 AM – 2:30 PM	\$2 \$4 non- residents	L/A Mystery Lunch Shuttle - We will be keeping it local for these winter months! Let lunch be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. Pre-registration required. Minimum 6/Max 14.
Thursday, April 3	10:00 AM – 12:00 PM	Free	<b>Diamond Art Spring Butterfly Frame Kit -</b> Join us at the Auburn Senior Community Center to make an framed Butterfly Spring Diamond Art picture. Pre-registration is required. This is an in-house program, not for pick up and take home. <b>Maximum 12. Pre-registration is required.</b>
Thursday, April 3	1:30 PM – 2:30 PM	\$10.00 drop-in fee	<b>Chair Yoga 1:30pm -</b> Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
Thursday, April 3	5:30 PM - 8:00 PM	Free \$10 non- residents	<b>Thursday Adult Craft Night 5:30pm -</b> The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
Friday, April 4	9:00 AM – 12:00 PM	Free \$1 non- residents	<b>Drop-in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, April 4	10:00 AM – 11:30 AM	Free	<b>Sunshine Club</b> – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group of ladies who work together to make floral arrangements to be delivered to local long-term care facilities. <b>Pre-registration required.</b>
Monday, April 7	9:00 AM - 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.  Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, April 7	6:00 PM – 7:00 PM	\$10 \$12 non- residents	<b>Yoga w/Emma 6pm -</b> Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, April 8	10:00 AM - 1:30 PM	\$2 \$4 non- residents	Walk: Androscoggin River Bike Path, Brunswick- This paved path runs along the Androscoggin River from one main parking area to another. Along the route, there are restrooms and benches to stop, rest at, and enjoy views of the river. There is also a dog park at the beginning of the trail. The trail does closely parallel US 1, so expect some road noise. Trail Details: Trail surface: paved asphalt, smooth. Generally considered an easy route. Since this is an out and back hike/walk, once we arrive (about 10:45 AM) feel free to go at your own pace. You can walk about 1 hour 15 minutes at your desired speed and then turn back around for a total time on trail of 1 hours 30 minutes. We will meet back at the bus at 12:15 PM. Bring your cameras, hiking sticks, a snack/lunch and walking shoes. Pre-registration is required. Minimum 6/Maximum 14.
Tuesday, April 8	4:00 PM – 5:00 PM	\$10.00 drop-in fee	<b>Yoga For Seniors: Balance -</b> Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Min4/Maximum 15.</b>

Tuesday, April 8	5:30 PM – 6:30 PM	N/A	Age-Friendly Community Committee Meeting – Open to the Community
Wednesday, April 9	9:00 AM – 2:00 PM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the Directors meeting starting at 10:30am, regular meeting 11:00am, Election of 2024 officers, plus bonus blue tickets and bonus bingo.  Meetings are cancelled if Auburn schools are closed for weather.
Wednesday, April 9	8:45 AM – 1:30 PM	\$12 \$15 non- residents	LITTLE WOMEN at Russell Hall USM Gorham Campus - Based on Louisa May Alcott's groundbreaking novel of the same name, Little Women depicts the story of Jo March (a fictional embodiment of Alcott's story) as she reflects on her struggle to become a successful and famous writer in Civil War America. Finding strength in the support and love of her mother and sisters (Meg, Beth, and Amy), Jo fights to overcome enormous obstacles—including war, illness, and discrimination—in her pursuit of achieving her dreams. This reimagined and fantastical portrayal of an American classic is brought to life with glorious music filled with personal discovery, heartache, hope, and everlasting love. Audiences will be inspired to achieve their dreams and work to better the world around them. Content Advisories: Conversations about death and the Civil War. Age Appropriateness: Suggested for grades five and up. Show begins at 10:00 am (doors open at 9:30 am) and will end approximately at 12:30. Preregistration required. Minimum 6/Max 14.
Wednesday, April 9	6:30 PM - 9:00 PM	\$8 \$10 non- residents	Windham Chamber Singers 2025 Spring Tour at the Franco Center- For those of you that were lucky enough to join us for the AmFam Show these kids put on in December, here is your chance to catch again them in their spring show. If you missed out this winter, think about joining us for this show. I am sure it will not disappoint. The WCS group gained international attention in 1996 by winning the Prize of Vienna at the 25th International Youth and Music Festival in Vienna, Austria. Since then, they have captured the hearts of audiences everywhere. The Windham Chamber Singers are conducted by Richard Nickerson, who is also the Artistic Director of the Maine Music Society. He has been director of Choral Activities at Windham High School in Windham, Maine for the past 35 years. Show time is 7pm (run time of the performance is approximately 1.5 hours). Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled.
Thursday, April 10	10:15 AM - 12:45 PM	\$12 \$15 non- residents	Student-Run Restaurant at The Green Ladle - Pre-registration is required. Minimum 6/Maximum 14. includes beverages and buffet – Lunch is served at 11am partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all
Thursday, April 10	1:30 PM – 2:30 PM	\$10.00 drop-in fee	Chair Yoga 1:30pm - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Minimum 4
Thursday, April 10	5:30 PM – 8:00 PM	Free \$10 non- residents	<b>Thursday Adult Craft Night 5:30pm –</b> The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
Friday, April 11	9:00 AM – 12:00 PM	Free \$1 non- residents	<b>Drop-in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, April 14	9:00 AM - 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.  Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, April 14	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga w/Emma 6pm - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, April 15	4:00 PM - 5:00 PM	\$10.00 drop-in fee	<b>Yoga For Seniors: Balance -</b> Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Min4/Maximum 15.</b>
Wednesday, April 16	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.  Meetings are cancelled if Auburn schools are closed for weather.

Thursday, April 17	10:30 AM – 12:30 PM	Free	Easter Egg Magnet Diamond Art- Join us at the Auburn Senior Community Center to make two diamond art Easter egg magnets. You will get two magnets, they are different, it will be a surprise which one you get. Preregistration is required. This is an in-house program, not for pick up and take home. Maximum 16. Preregistration is required.
Thursday, April 17	1:30 PM – 2:30 PM	\$10.00 drop-in fee	<b>Chair Yoga 1:30pm -</b> Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
Thursday, April 17	5:30 PM – 8:00 PM	Free \$10 non- residents	<b>Thursday Adult Craft Night 5:30pm -</b> The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. <b>Pre-registration required.</b>
Friday, April 18	9:00 AM – 12:00 PM	Free \$1 non- residents	<b>Drop-in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, April 18	10:00 AM – 11:00 PM	Free	<b>Tech Talk Friday</b> – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Izzy, Adult Services Manager at the Auburn Public Library. <b>Pre-reg helpful</b>
Friday, April 18	10:00 AM – 11:00 AM	Free	Card Crafting with Corinne – April 2024 - This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. The theme for March will be Mother's Day. Feel free to bring your own card crafting supplies if you have them. Pre-registration is required. Minimum 6/Maximum 15
Friday, April 18	11:30 AM – 2:30 PM	\$2 \$4 non- residents	China Village Shuttle Lunch Trip- Some of the best food around! Let's go for a fun lunch. Pre-registration is required. Minimum 6/Maximum 14.
Saturday, April 19	10:00 AM	Free to All Ages!	Age-Friendly Community Committee Meeting – Open to the Community  Easter Lunch – doors open at 10am, meal at noon followed by BINGO
Monday, April 21	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga w/Emma 6pm - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, April 22	9:30 AM – 11:00 AM	Free	Diamond Art Corner Leather Bookmark - Join us at the Auburn Senior Community Center to make a leather backed corner diamond art bookmark (colors mixed). Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Tuesday, April 22	11:00 AM – 3:30 PM	\$3 \$5 non- residents	Ken's Place / Len Libby's in Scarborough-Famous for seafood since 1927! After we will head on over to get our sweet tooth fix at Len Libby Candies - Home of the Life Size Chocolate Moose! Pre-registration is required.  Minimum 6/Maximum 14.
Tuesday, April 22	4:00 PM – 5:00 PM	\$10.00 drop-in fee	<b>Yoga For Seniors: Balance -</b> Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Min4/Maximum 15.</b>
Wednesday, April 23	9:00 AM – 2:00 PM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the Directors meeting starting at 10:30am, regular meeting 11:00am, Election of 2024 officers, plus bonus blue tickets and bonus bingo.  Meetings are cancelled if Auburn schools are closed for weather.
Wednesday, April 23	12:45 PM – 5:30 PM	\$20 \$25 non- residents	Not Quite Almost -PLAYWRIGHT John Cariani- Playwright John Cariani is best known for his first play, Almost, Maine, which has become one of the most popular plays in the world. Almost, Maine has received nearly 6000 productions to date! He is back at Portland Stage for more Northern Maine stories. Part of our New Work program, Not Quite Almost (a working title) is likely to become another Maine classic! Near the Canadian Border the Perseid Meteor Showers are about to start, but the residents of a certain small town can't decide if they're a bad omen or a good luck charm. Not Quite Almost is an interconnected collection of short plays

			about young love, hope for the future, making wishes, and what it means to be truly understood. Meet a new cast of characters you're sure to fall head over heels for. Pre-registration is required. Minimum 6/Maximum 14. performance is at 2:00 PM) - returning about 5:30 PM- run time 2 hours and 15 minutes, including a 15 minutes intermission (partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all)
Thursday, April 24	8:00 AM – 9:30 AM	FREE	Coffee Talk with AARP -Vilene Farina - Join us to have some fun and learn about your personality traits? By taking a quick 10 minute self-assessment based on Myers Briggs, you will see how your personality interacts with others. Great for friends and groups you interact with. Find out what your Best Mode is. Vilene is certified in the "From Stress to Best" system. Pre-registration required. Maximum 30.
Thursday, April 24	1:30 PM – 2:30 PM	\$10.00 drop-in fee	<b>Chair Yoga 1:30pm -</b> Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. <b>Minimum 4</b>
Thursday, April 24	5:30 PM – 8:00 PM	Free \$10 non- residents	<b>Thursday Adult Craft Night 5:30pm -</b> The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
Friday, April 25	9:00 AM – 12:00 PM	Free \$1 non- residents	<b>Drop-in Day -</b> Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, April 25	10:00 AM – 11:00 AM	Free	The Auburn Senior Community Center, in partnership with the Auburn Public Library, is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org. Maximum 12 (can accommodate more for discussion days if people share their books before the next meet up).
Friday, April 25	11:30 AM – 3:00 PM	\$2 \$4 non- residents	Mystery Lunch Shuttle - Let lunch be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. Pre-registration required. Min 6/Max 14.
Monday, April 28	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.  Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Monday, April 28	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga w/Emma 6pm - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, April 29	4:00 PM – 5:00 PM	Free	Community Program -Music by Ricochet and Common Bond (Quartet Groups here in Maine) Join us here at the Auburn Senior Community Center to listen to some amazing music. We will be joined by two quartets here in Maine. Each will perform for about half an hour and give us an amazing show. Pre-registration is required.
Tuesday, April 29	4:00 PM – 5:00 PM	\$10.00 drop-in fee	<b>Yoga For Seniors: Balance -</b> Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Min4/Maximum 15.</b>
Wednesday, April 30	10:00 AM – 3:00 PM	\$2 \$4 non- residents	HIKE: Thayer Brook Preserve in Gray (Mill Trail) Great Blue Heron Nesting- On a trip last year to Riverfront Woods Preserve we found out about Thayer Brook Preserve. More specifically, that is holds are large population of nesting great blue herons. They suggested a trip at the end of April, beginning of May. So, we are going in hopes of seeing them. This is about a mile in and a mile out. It is not a neatly groomed trail, but it isn't the worst either. I have attached a picture I found. If you have any questions about the trail, I can discuss it with you before you sign up. If you take it slow, you should be fine but wanted everyone to know what they are getting into. Pre-registration is required. Minimum 6/Maximum 14.

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Looking for updates on programs – check us out on Facebook

- Auburn Recreation Department Maine
- Friends of the Auburn Senior Community Center